

## Domestic Volunteer - Role Description

### About The Anthony Seddon Fund

The Anthony Seddon Fund is a peer-led mental health charity based in Ashton-under-Lyne. We provide a safe, welcoming, and inclusive space where people can access support, connection, and activities that promote positive mental health and wellbeing.

Our centre offers a range of peer support groups, wellbeing activities, community events, and drop-in support sessions, helping people feel less isolated and more connected within their community.

Volunteers are a vital part of the support and community we provide. Many of our volunteers bring lived experience, compassion, and understanding to their role, helping create the welcoming and supportive environment TASFund is known for.

### About This Role

Domestic Volunteers help keep The Anthony Seddon Centre clean, safe, and welcoming for everyone who uses the space. A tidy and comfortable environment plays an important part in helping people feel relaxed, respected, and supported when accessing mental health support and community activities.

This is a practical, hands-on role that supports the day-to-day running of the centre. You'll help with general cleaning and maintaining shared spaces while being part of a supportive and welcoming team environment.

You do not need professional cleaning experience to volunteer in this role. The most important things are reliability, a willingness to help, and taking pride in creating a safe and welcoming environment for others.

### What You Might Be Doing

- Helping keep shared spaces clean, tidy, and welcoming
- Hoovering, mopping, wiping surfaces, and carrying out general cleaning tasks
- Helping maintain kitchen, toilet, and communal areas
- Supporting with cleaning after activities, groups, or events where needed
- Helping check and restock cleaning materials and supplies
- Ensuring walkways and shared spaces remain safe and free from hazards
- Removing rubbish and supporting safe waste disposal
- Following health and safety guidance when using cleaning products or equipment
- Helping create a calm, comfortable, and welcoming environment throughout the centre

## What We're Looking For

We're looking for people who are:

- Reliable and willing to support the day-to-day running of the centre
- Friendly, respectful, and approachable
- Comfortable working independently as well as part of a team
- Organised and able to complete practical tasks safely and responsibly
- Flexible and willing to help where needed
- Respectful of boundaries, confidentiality, and the wellbeing of others
- Open to learning and taking part in relevant training and support

You do not need previous cleaning or volunteering experience to apply for this role.

## Helpful but Not Essential

The following experience or interests may be helpful, but are not required:

- Experience carrying out cleaning or housekeeping tasks
- Experience working in community, hospitality, or shared environments
- An understanding of health and safety or safe use of cleaning products
- An understanding of mental health or lived experience of mental health challenges
- Confidence working independently and managing practical tasks

## Support & Training

All volunteers receive an induction, support during their trial period, and access to relevant training to help them feel confident and supported in their role.

You will have regular opportunities to check in with staff, ask questions, and discuss any support or development needs. Additional training opportunities may also be available depending on your role and interests.

You are never expected to know everything straight away; volunteering at TASFund is a learning experience, and support is always available when needed.

## Important Information

Volunteers are expected to maintain appropriate boundaries, respect confidentiality, and follow TASFund policies and procedures while carrying out their role.

Some volunteer roles may involve supporting people who are experiencing emotional distress or difficult situations. Volunteers are not expected to provide counselling, therapy, or crisis intervention, and support from staff will always be available where needed. Volunteers should always work within the boundaries of their role and seek support from staff whenever needed.

Certain roles may require a Disclosure and Barring Service (DBS) check. If this applies to the role, this will be discussed with you as part of the recruitment process.

## **Time Commitment**

This role is flexible and can fit around your availability and the needs of the centre.

Domestic support may take place during weekdays, evenings, or around activities and events depending on the needs of the building. We ask volunteers to commit to regular attendance where possible, but we understand that availability and personal circumstances can change.

Shifts and availability will be discussed during the recruitment and induction process.

## **What Volunteers Receive From Us**

We truly value the time, skills, and experiences our volunteers bring to TASFund. In return for your support, we aim to provide a positive and rewarding volunteering experience through:

- A friendly, welcoming, and supportive environment
- Induction, training, and ongoing development opportunities
- Regular support and supervision
- Reimbursement of reasonable agreed expenses
- Volunteer recognition and appreciation events
- Opportunities to build confidence, skills, and experience
- References for volunteers who complete an agreed period of volunteering

Volunteering can also be a great way to meet new people, build confidence, develop skills, and support your own wellbeing while making a difference in the community.

## **Interested?**

If you are interested in this role, we'd love to hear from you. The first step is to complete a Volunteer Expression of Interest Form, after which we'll invite you to attend one of our volunteer introductory sessions to learn more about TASFund and the role.