



TRUSTEE RECRUITMENT PACK 2026



TABLE OF CONTENT

- ▶ **The Anthony Seddon Fund**
- ▶ **Why Join Us?**
- ▶ **The Trustee Role**
- ▶ **Practical Information**
- ▶ **Trustee Officer Roles**
- ▶ **Our Service & Projects**
- ▶ **How to Apply**
- ▶ **Get In Touch**

ABOUT

THE ANTHONY SEDDON FUND

The Anthony Seddon Fund is a lived-experience-led mental health charity based in Ashton-under-Lyne. We provide a wide range of peer support groups, activities and wellbeing opportunities for adults across Tameside. Everything we do is shaped by the Five Ways to Wellbeing and the CHIME framework, ensuring our approach remains person-centred, strengths-based and grounded in real experience.

Our services are open, welcoming and designed to create a sense of belonging. We work alongside people rather than for them, recognising that shared understanding and connection are powerful tools for recovery and resilience.

Key Features of Our Work Include:

- A broad programme of peer support groups and wellbeing sessions
- Drop-in support and creative activities that help people stay connected
- A user-led ethos, with lived experience represented across our staff, volunteers and trustees
- Collaborative relationships with partners across health, VCSE, arts, and community sectors
- A commitment to making mental health support accessible, inclusive and non-clinical
- As a trustee, applicants will be joining a charity that is rooted in compassion, community and meaningful impact.





WHY JOIN US?

Becoming a trustee at The Anthony Seddon Fund offers the chance to contribute to a charity with a strong community presence and a genuinely lived-experience-led approach.

Trustees play a vital part in shaping our direction, strengthening our governance and ensuring we continue to offer safe, effective and compassionate support.

Reasons People Choose to Join Our Board Include:

- Making a tangible difference to people living with poor mental health
- Supporting a charity that values authenticity, empathy and community connection
- Helping to guide a respected local organisation through a period of growth and development
- Using professional skills and lived experience to strengthen our governance and sustainability
- Working alongside a committed team of colleagues, volunteers and fellow trustees
- Playing a strategic role without losing the human, relational element that makes TASFund unique.



THE ROLE

Trustees are responsible for overseeing the charity's strategic direction, ensuring good governance and supporting the organisation to remain safe, sustainable and aligned with its purpose. They work collectively as a board and contribute their skills, insights and experience to help the charity thrive.



Key Responsibilities Include:

- Contributing to the strategic leadership and long-term planning of the charity
- Ensuring the charity complies with legal, regulatory and financial requirements
- Monitoring performance, risks and the overall health of the organisation
- Supporting and constructively challenging the senior leadership team
- Safeguarding the charity's values, culture and commitment to lived experience
- Acting as an ambassador for the charity within the community and with partners
- Preparing for and attending board meetings, committee meetings where relevant, and occasional events





PRACTICAL INFORMATION

Time Commitment

Trustee roles at TASFund are voluntary and designed to be manageable alongside other commitments.

Most trustees contribute around **6-10 hours per month**, which typically includes attendance at quarterly Board meetings, participation in one or two Board Committees, and preparing for meetings.

Remuneration and Expenses

Trustee roles are **unpaid**. Trustees may claim reasonable out-of-pocket expenses incurred while carrying out their role, including travel and agreed accessibility costs, in line with the Trustee Expenses Policy.

Eligibility & Safeguarding

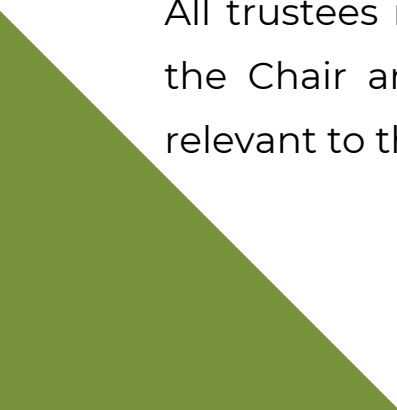
All trustees must meet **Charity Commission eligibility requirements** and complete the relevant declarations before appointment.

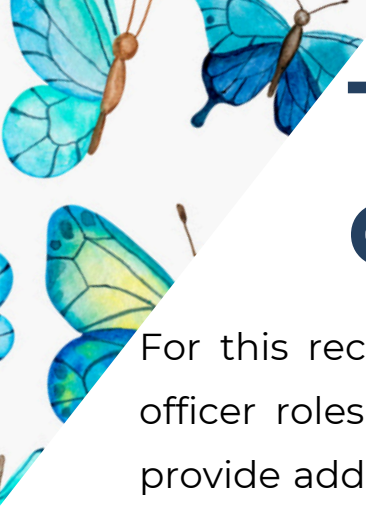
Trustees are expected to uphold the charity's safeguarding responsibilities and values, complete relevant governance and safeguarding training and declare conflicts of interest and act in the best interests of the charity

Support & Development

Previous trustee experience is **not required**.

All trustees receive a structured induction, ongoing support from the Chair and CEO, and access to training and development relevant to their role





TRUSTEE OFFICER ROLES

CURRENT RECRUITMENT

For this recruitment cycle, we are seeking trustees to take on specific officer roles alongside their general trustee responsibilities. These roles provide additional governance-level oversight in key areas of the charity's work. Full role descriptions and further details are available separately.

Trustee - HR Lead

The HR Lead provides governance-level oversight of people, culture and workforce matters. Key areas of focus include:

- Oversight of HR-related policies and people governance
- Assurance on staff and volunteer wellbeing, equality and inclusion
- Strategic input on organisational culture and workforce risk

This role is strategic and advisory; it does **not** involve operational HR management or direct line management of staff.

Trustee - Operations Lead

The Operations Lead provides governance-level oversight of service delivery and operational risk. Key areas of focus include:

- Oversight of how services are delivered and monitored.
- Strategic assurance on safeguarding, health & safety and delivery quality
- Review of key operational performance information and risks

This role does **not** involve day-to-day operational management.

Applicants are invited to indicate whether they are interested in one of the officer roles and how their skills, experience or lived experience may support that area. You do not need to meet every requirement in the full role description; we welcome informal conversations to explore suitability and support.

OUR SERVICE & PROJECTS

Our sessions are designed to provide support, foster connections, and promote mental wellbeing. Whether you're looking for peer support, creative activities, or just a friendly environment to talk, we have something for everyone.



Our Daily Drop-In - The heart of The Anthony Seddon Fund. It's a vital service that runs every single week day. Whether you're looking for a friendly chat, advice, or just a safe space to be, our drop-in is open to everyone.



Dedicated Crisis Support - A safe place for mental health support: an alternative offer to A&E. For urgent face-to-face mental health support anyone can make an appointment to see us or drop in to our SAFE Tameside Hub at a time that is best for them daytime or evenings.



Groups and Activities - A broad range of sessions including Expressive Writing, Arts & Crafts, Guitar Jamming, Men's Groups, Women's Groups, Tea & Toast Club, Mindfulness & Meditation, Art Group, Sewing Group, Parent's Peer Support Group, Family & Friends Support Group and so much more.

Bereavement Support - Ongoing bereavement peer support group, Survivors of Bereavement by Suicide (SOBS) Group and our 8 week bereavement support programme.



HOW TO APPLY

We invite prospective trustees to submit a short expression of interest outlining why they would like to join the board and the skills or experience they can offer.

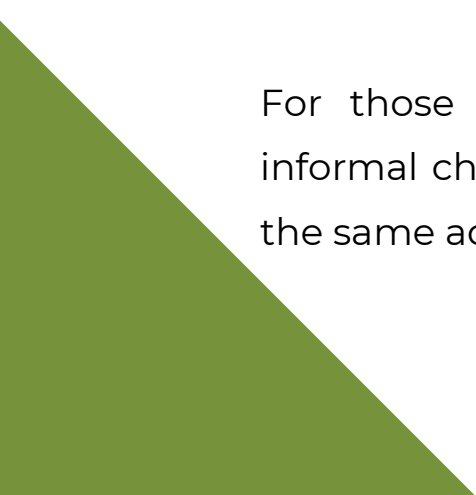
We welcome applications from people with both professional expertise and lived experience of mental health, as both perspectives strengthen our governance.

The Typical Application Process Includes:

- Completing and submitting a short expression of interest form
- An informal conversation with the Chair or Governance Lead
- Completion of relevant paperwork, including eligibility and declaration forms
- Attendance at an interview with a small panel
- Opportunity to observe a board meeting before confirming appointment

Applicants can return the expression of interest form by email to: **TrusteeBoard@tasfund.org.uk**.

For those who may have questions or would like an informal chat before applying, they can get in touch using the same address.



GET IN TOUCH

The Anthony Seddon Centre

12 George Street
Ashton-under-Lyne
OL6 6AQ

Core Opening Times:

Mon – Fri*

9:30am – 12:00pm

12:30pm – 4:30pm

*Mon & Wed – Open from 12:30pm

Contact Us

☎ 0161 376 4439

✉ TrusteeBoard@tasfund.org.uk

🌐 www.tasfund.org.uk