



THE ANTHONY SEDDON FUND

Supporting mental wellbeing in our community



A Day Out Fit for the Queen!

Two of our volunteers visited Buckingham Palace this month to take part in a Royal Garden Party. This is in recognition of receiving the Queen's Award for Voluntary Service.

Picking two volunteers was extremely difficult as every single one of our volunteers are valued and deserve to take part in events like this. However, only two could go and the Trustee board voted for Jason and Debra as they are two of our longest serving volunteers. This was an extremely proud moment for The Anthony Seddon Fund and everyone involved.

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Bereavement Group

The group is suitable for those who have suffered a bereavement.

Our Bereavement Group is on the 1st Tuesday of the month
6pm - 7:30pm
&
the 3rd Thursday of the month
10am - 11:30am

Please book via reception: 0161 376 4439
reception@tasfund.org.uk

IN THIS ISSUE

Queens Award for Voluntary Service

Volunteer of the month

Upcoming Events

And much more.....

Fundraising

We are fortunate enough to have some fantastic support in the local community who work tirelessly to raise funds and make donations to us to ensure that we can carry out the work we do.

We wanted to say a huge thank you to everyone who has donated money to us and organised fundraisers on our behalf.

A special shout out to Councillor Eleanor wills and Tameside MBC for the generous donation of £300.00 to help stage our first Men's Mental Health and Wellbeing Conference.

Col's Run to the Sun



Please support Col's Run to the Sun where he is completing: 100 x 5ks, 50 x 10ks, 25 x half marathons which all adds up to a virtual run from Manchester, UK to Barcelona.

He is doing this to raise funds for The Anthony Seddon Fund. Thank you so much Col and good luck with the rest of your challenge.

You can follow his journey on his facebook page or donate to his justgiving page.

<https://justgiving.com/fundraising/colsruntot hesun>

Volunteer of the Month

Our Volunteer of the month for May is Donna Thomas.

Donna works for the charity sometimes 7 days a week behind the scenes as well as in the Centre making sure everything is 100%. She never stops thinking about the Centre and is probably working in her sleep, I know she has a lot of her ideas when she should be sleeping!

We would not be where we are today without Donna, so thank you for all your hard work and love for The Anthony Seddon Fund. 😊



Upcoming Events



Stamford Golf Club's Captain has chosen The Anthony Seddon Fund as their charity of the year and we asked them to keep us updated with any events they may be hosting throughout the year.

We are delighted to advertise that they have an Afternoon Tea Event coming up on Saturday 25th June at 1:30pm. It is a ticketed event and Adult tickets are £19.50 with children tickets being £9.50.

To book your tickets please ring 01457 832 126.

Out and About Group



Our Out and About Group have been on some fantastic trips lately. They've been on a trip to Uppermill to explore the village and had an afternoon out to Daisy Nook Garden Centre. All of our customers thoroughly enjoyed both trips, especially the cakes. Take a look at what our customers have said! *"I haven't been to Uppermill for quite some time and it was great to explore the village."* *"I had a fantastic time in Uppermill, it was great to get out, thank you for taking us"* *"I have loved this afternoon going to Daisy Nook Garden Centre. I loved the bus journey as we took a longer bus route"* *"It was lovely to feed the ducks and the sun was shining it was a great afternoon"*